

option!



1 on 1 Pricing

We have some of the BEST rates in the area!

	Option	What's Included?	How Much?
-	4 x	16 Sessions Per Month (4 per week)	<mark>\$800</mark> per month (\$50 per session)
-	3х	12 Sessions Per Month (3 per week)	\$720 per month (\$60 per session)
7	2x	8 Sessions Per Month (2 per week)	<mark>\$520</mark> per month (\$65 per session)
Our mos popular		4 Sessions Per Month (1 per week)	<mark>\$280</mark> per month (\$70 per session)

Don't pay the \$100+ per session that commercial gyms are charging. Get a private space and a better training experience without paying \$1000 every month.

Be sure to see our 2 on 1 rates down below!



2 on 1 Pricing

Train with a a partner and get an even better rate! Great for couples, friends, and families! (price is per person)

Option	What's Included?	How Much?
4 x	16 Sessions Per Month (4 per week)	<mark>\$680</mark> per month (\$42.50 per session)
3х	12 Sessions Per Month (3 per week)	<mark>\$565</mark> per month (\$47 per session)
2 x	8 Sessions Per Month (2 per week)	<mark>\$420</mark> per month (\$52.50 per session)
1 x	4 Sessions Per Month (1 per week)	<mark>\$230</mark> per month (\$57.50 per session)

Want to train with a partner some days and on your own other days? We can create a variable rate package for you! Be sure to see

our promotions

down below!



Our Promotions

1st session completely FREE, no commitment, no BS, no strings attached!

Earn a FREE session when you refer a friend who commits to training with us!

50% OFF 1 session when you leave us a review on Google or Yelp!